

Challenge Language Task

Cut out all feedback comments from page 2 & 3 and place in the correct column below. This SAY THIS feedback that has been scientifically/psychologically proven to enhance learning and accelerates children to adopt a growth mindset. All answers on page 4, this will give you reasoning behind the feedback and what a child hears.

Say This - Growth	Not This - Fixed

Feedback Examples

“I can see you worked so hard on this!”

“You are so smart!”

“Why don’t you consider a new strategy?”

“It’s okay maybe you’re just not cut out for this!”

“I enjoyed watching you do that”

“It looks like you’ve managed that lets find something more challenging so your brain can grow”

“You’re a natural at that!”

“That’s right you did that so easily, I can’t believe how quickly you’ve finished it, good job.”

“That’s not right you don’t understand that yet, what strategies or research can you try”

“That’s not right are you paying attention, it seems like you’re not even trying!”

“That was really hard, I’m glad all your effort paid off! Next time you will be ready for a challenge”

“That was so hard, well done. You will be glad you don’t have to do that again!”

“You’ve worked hard to achieve that why don’t you look into taking on the next challenge and learn something you don’t know how to do yet!”

“You’re really talent at that, you should take a more difficult task on because you’re so good at it!”

Answers

Say This - Growth	Not This - Fixed
<p>“I can see you worked so hard on this!” <i>Because: It helps the children understand you value their effort.</i></p>	<p>“You are so smart!” <i>Because: It makes them think of intelligence as a fixed quality”</i></p>
<p>“Why don’t you consider a new strategy?” <i>Because: It conveys a message that they are in control of outcomes by making choices”</i></p>	<p>“It’s okay maybe you’re just not cut out for this!” <i>Because: It makes the child feel they do not have the capacity to improve.</i></p>
<p>“I enjoyed watching you do that” <i>Because: This will portray a message that you were happy with their effort regardless of end outcome.</i></p>	<p>“You’re a natural at that!” <i>Because: The next time they fail or make a mistake, they believe they do not have all that natural talent after all.</i></p>
<p>“It looks like you’ve managed that lets find something more challenging so your brain can grow” <i>Because: Children then establish with learning being challenging and when it is we are growing our brains.</i></p>	<p>“That’s right you did that so easily, I can’t believe how quickly you’ve finished it, good job.” <i>Because: Children then associate the completion of a task without effort as a success. It paints effort in a negative light and a fixed mindset.</i></p>
<p>“That’s not right you don’t understand that yet, what strategies or research can you try” <i>Because: It’s important to be honest around how much the child knows, but also confirming that you believe in their capacity to improve.</i></p>	<p>“That’s not right are you paying attention, it seems like you’re not even trying!” <i>Because: The next time they fail or make a mistake, they believe they do not have all that natural talent after all.</i></p>
<p>“That was really hard, I’m glad all your effort paid off! Next time you will be ready for a challenge” <i>Because: This reminds the child how they were able to overcome the challenge by hard effort, cultivating a growth mindset.</i></p>	<p>“That was so hard, well done. You will be glad you don’t have to do that again!” <i>Because: The will be more challenges that arise and children should feel they have the tools to take on the next challenge.</i></p>
<p>“You’ve worked hard to achieve that why don’t you look into taking on the next challenge and learn something you don’t know how to do yet!” <i>Because: Putting the child in the challenge zone is inspiring lifelong learning</i></p>	<p>“You’re really talent at that, you should take a more difficult task on because you’re so good at it!” <i>Because: If you praise the outcome of being good this develops a fixed mindset that I praise for things I am good at so I will not take on new tasks that I may not be good at first</i></p>