

# Growth Mindset

# LANGUAGE



The **LANGUAGE USED** is pertinent to how comfortable participants feel in **EMBRACING CHALLENGE** and therefore promoting a **HEALTHY LEARNING ENVIRONMENT**. **GOOD CHOICE OF LANGUAGE** can determine how tasks are approached and handled by an individual. Use of the words/phrases below can **SUPPORT YOU/YOUR LEARNERS** in moving forward in their **GROWTH MINDSET JOURNEY**.

**EFFORT STRATEGY I ENJOY THIS CHALLENGE TARGETS GOAL SET**  
**ASK FOR A NEW CHALLENGE PRACTICE SUCCESS TRY MY BEST TEST**  
**TRY PERSEVERE GOALS FAILURE IS LEARNING THINK GROWTH**  
**PROBLEM SOLVE RE-EVALUATE CHALLENGE MINDSET POSITIVE OPTIMISTIC**  
**I LIKE CHALLENGES TARGETS THINK POSITIVELY ENCOURAGEMENT**  
**I CAN LEARN EVALUATE TEST SUCCESS IS EARNED THINKING**  
**NOT YET ASK FOR SUPPORT KEEP ON TRYING TASK LOGIC TRY HARD**  
**INFORMATION IS KNOWLEDGE MORE CHALLENGING LEARN**  
**ATTITUDE NEW CHALLENGE GROWTH MINDSET**

*"All things are difficult before they are easy"*